



*Useful BMI Apps

App	Link	Cost
<p>Epocrates Medical App</p> <ul style="list-style-type: none"> ➤ This medical application performs dozens of calculations including BMI, GFR, etc. ➤ It is associated with other CME programs, drug interaction checks, pill ID notifications, tables, essential points and abstracts. 	http://www.epocrates.com/	Free
<p>National Institutes of Health (NIH): My BMI Calculator</p> <ul style="list-style-type: none"> ➤ This mobile application provides results right on your phone along with links to healthy weight resources on the NHLBI Web site. 	http://apps.usa.gov/bmi-app.shtml	Free
<p>Mediquations Medical App</p> <ul style="list-style-type: none"> ➤ This mobile application includes useful common calculations including BMI, maintenance fluid rate, body surface area, steroid equivalence, urinary excretion and conversion rates for various electrolytes, etc. 	http://www.mediquations.com	\$4.99
<p>Pedi QuickCalc Medical Calculator for Pediatrics</p> <ul style="list-style-type: none"> ➤ This application is for everyday pediatric use. ➤ It includes an estimator for weight- and length-for-age, Growth Charts, Bilirubin evaluation, BMI-for-age, Adjusted Mid-Parental Height, and a flexible Dosage Calculator. 	http://www.pediquickcalc.com	\$1.99
<p>Novo Nordisk's: Growth Evaluation Tool</p> <ul style="list-style-type: none"> ➤ This mobile application includes calculations for target height, height velocity, growth charts, BMI, body surface area, etc. 	Downloadable through Apple iTunes/ iPhone App Store or Android Market	Free

*NOTE: AzAAP does not endorse any of the applications listed; the information provided is for individual use, at the individual's discretion.



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5210 AZ Way To Go! is a program of the Arizona Chapter of the American Academy of Pediatrics